

# NGENers document a year's worth of development through Reflection Journal

Originally an idea by NGEN Melbourne co-Chair Adam Scott, Creative Solutions Manager at Nine, the NGEN Reflection Journal is a way for NGENers to record the learnings and skills they gain from the NGEN sessions they attend.

## What is the benefit of the NGEN Reflection Journal?

The NGEN Reflection Journal is a personal and professional tool that NGENers can use in the advancement of their career progression. It is a proactive way to discuss their learning and development with leaders and managers. Reflective practice embeds skills and encourages putting it into practice.

## How does it work?

NGENers submit their reflections after each session – what they learnt, any lightbulb moments, new skills they decide to pursue – and the NGEN team will collate all reflections into a journal for every NGENer, displaying all their learnings from the year. That way, each NGENer can track their personal development, share the journey with their direct manager and celebrate their wins.

## Did you know?

NGEN is our biggest and most established program and has helped 7 out of 10 people in our industry today build their careers. Over 30% of the media agency industry are current members of NGEN.



### ► How to get involved

#### NGENers

Submit your reflections after each NGEN session

#### Managers

Include the NGEN Reflections Journal in your development discussions.